
Belmont North Public School - Newsletter

Cnr of Nikkin & Darling Streets, Belmont North NSW 2280
T: (02) 4945 4861  F: (02) 4947 7851

Principal’s Report – Mr. Scott Campbell.

After a very thorough tendering process and careful consideration of three (3) detailed quotations we have accepted a quote from Advanced Asphalt to repair the eastern car park off Nikkin Street. The whole repair process could take up to 2 days to complete but we are hoping to have the works done in the school holidays. Fingers crossed!

Tomorrow we have a very busy day here at BNPS! We are kicking off with our second Kindergarten orientation for the 2016 kinders; then the whole school is off to the Valentine Swimming Pool for the swimming assessments and finally it’s back to school for the SRC Toy & Book Sale at 2pm! Wow! What a day!

The swimming assessments will be saved on file at school so that we don’t waste time at the swimming carnival assessing the kids. It will also help us at things like the Learn to Surf where we now won’t waste a lesson doing the assessments. Best of all there are no costs for any student to do the assessment!

Friday 18th of September, 2015 we are having a mufti day (out of uniform day) to raise funds for children with cerebral palsy. We hope everyone gets behind the school and donates a gold coin!

The teaching staff have recently been busily working on our School Plan for 2016. We have come up with a lot of really great projects for the school for Strategic Direction 3 including the transformation of the computer lab and Mr. Booth’s current room into a 21st Century learning space. If you are keen to see what that could mean; please come to the community forum on the 19th of October, 2015. We’d love your input!

School holidays commence this coming Friday afternoon. The school resumes for students on Tuesday 6th October, 2015. If you see anyone in the school grounds that looks like they are up to mischief please call the School Security Hotline on 1300 880 021. Have a relaxing break!

Upcoming Events

September 15
Kinder Orientation #2
K-6 Swim Tests
SRC Toy & Book Sale

September 18
Out of Uniform Day
– Gold Coin donation

Important Announcements!

Parents and Carers forum in Library on Monday the 19th of October 2015 at 9am.

THOUGHT FOR THE WEEK

Fairness doesn’t mean that everyone gets the same things. Fairness is when everyone gets what they need.

- Rick Riordan.

twitter: @belmonthnorthps
facebook: search Belmont North Public School

Weekly Focus – Persistence
Term 3, Week 9 Award Winners

Principal’s Award

K/1C   Zayel
2S     Tahlie
3B     Bridee
4A     Erin
5/6M   Dylan
5/6W   Lucette

Student of the Week

K/1C   Lucas
K/1N   Harper
2S     Meila
3B     Charlie
4A     Nick
5/6M   Anna
5/6W   Amelia

You Can Do It – Confidence

K/1C   Aleirah
K/1N   Ethan
2S     Codie
3B     Emily
4A     Amy
5/6M   Tom
5/6W   Kaley

Merit:

K/1C   Jack
K/1N   Abbi
2S     Michala
3B     Will
4A     Lailah
5/6M   Jaydan
5/6W   Jo
Toy and Book Sale
TOMORROW Tuesday 15 September 2pm

SRC Fundraiser
The SRC are raising money to buy a sandpit for our playground. We are holding a Second Hand Toy and Book Sale to raise the money. The toys and books will be priced between $1 and $10 dollars.
Thank you for supporting the SRC.

Miss Nicole Spencer - SRC Coordinator

SWIMMING COMPETENCY
TOMORROW Tues 15th September

Children to bring: Swimmers, towel, hat, sunscreen, water bottle & a snack.

P&C Disco
Thursday 17th September
Time: 5pm – 7pm
(Ret urn food pre-orders to canteen by Wednesday 16th September)

Out Of Uniform Day
Friday 18th September
Gold Coin Donation
Raising money for Cerebral Palsy.

BNPS is Raising Funds for Cerebral Palsy - Out of Uniform Day – FRI 18th SEPT

On Friday 18th September we are having an out of uniform day to raise funds for Cerebral Palsy.

What is Cerebral Palsy?
Cerebral Palsy is a physical disability that affects movement and posture. Cerebral palsy (CP) is an umbrella term that refers to a group of disorders affecting a person’s ability to move. It is a permanent life-long condition, but generally does not worsen over time. It is due to damage to the developing brain either during pregnancy or shortly after birth. Cerebral palsy affects people in different ways and can affect body movement, muscle control, muscle coordination, muscle tone, reflex, posture and balance.
Did you know, Cerebral Palsy is the most common physical disability in childhood?
For more information on cerebral palsy please visit www.cerebralpalsy.org.au

Please bring a gold coin donation to help out!

Weekly Focus – Persistence
LAST DAY TOMORROW!

If you would like to order a LUNCH WALLET please place your order in the P&C Mailbox by Tuesday 15th September.

Non Perishable Food Needed for Christmas Hampers

The P&C are starting to make Christmas Hampers for their Raffle.

We are asking for donations of non-perishable pantry foods.

All donated food to be taken to the school canteen please.

Thank you for your generosity.

Uniform Shop

Open

Friday Mornings

8.30am to 9.15am
Dear Parents and Caregivers,

A few cases of Head Lice have been found in our school. This infection is highly contagious. The most effective way to reduce incidents in a school is for all parents to carry out a thorough examination of their children’s heads and treat any lice found at the same time.

There are two treatment options for head lice.

1. Mechanical removal (removal with a head lice comb)
2. Chemical removal

Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn’t kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children’s hair and use it every time you wash their hair.

Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don’t be tempted to re-apply the same chemical treatment if it doesn’t appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

*This information is based on information provided on the NSW Health Nitbusters website.*
**Starts Oct 6**

- Ages 6 to 17
- Girls and Boys

**CUBS Program**
- 4/5/6 Yrs
- Cheapest sport around!

- Check out our website for all the details!
- Register your team now for FREE!
- Players pay later!

**WALLSEND TOUCH**

**JUNIOR COMP 2015**

*Hey Kids! Play Touch Footy!*

TEAMS – INDIVIDUALS – CUBS PROGRAM

Register online NOW


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**Newport Academy**

**School Holiday Program**

**WALLSEND TOUCH**

PO Box 320
WALLSEND 2287

[ph. 0414 896 573](tel:0414896573)

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**Weekly Focus – Persistence**

**Belmont Automotive Service Centre**

**Delivering Personalised Service**

*All types of servicing to all makes & models – All types of mechanical repairs – Suspension kits – Exhaust repairs – Computer diagnostics – Rego checks (inc. LPG)*

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For professional, efficient car servicing and motor repairs. With fast turnaround times and very competitive rates, you will leave as a very satisfied customer knowing your vehicle is in excellent shape.

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**Cancer Council of NSW**

**SunSmart Snippet**

*...to protect your skin at the snow!*

Did you know that you can almost get a double dose of ultraviolet (UV) radiation at the snow?

Snow and water increase your risk of sun damage as they reflect up to 80% of UV radiation on a clear day. **Are you heading for the slopes? Check out these SunSmart tips:**

- **Slap on a winter hat** such as a balACLava, hood or a beanie with flaps to cover your ears
- **Slide on goggles** or wrap-around sunglasses
- **Apply SPF30+** or higher, broad spectrum and water resistant sunscreen and lip balm at least 20 minutes before going outside
- **Reapply sunscreen** every two hours – put a small tube in your jacket pocket
- **Take a break from the slopes** during the middle part of the day.

Be SunSmart and your children will follow your lead. Enjoy the winter!

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**Newport Academy**

**School Holiday Program**

**NO.2 SPORTSGROUND – NATIONAL PARK – NEWCASTLE WEST**

**September 29, Oct 1**

**Netball • Rugby • Cricket • All • Athletics • Baseball • Softball • Touch • Basketball**

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**Belmont Automotive Service Centre**

**Lube Servicing Starting at $99**

*(Conditions apply)*

We are a small family owned and operated workshop located next door to the Belmont Public School in Livingstone Street, Belmont.

Check out our Facebook page or website for monthly specials, mention the special of the month at time of booking to redeem.

1 MONTH
INTRODUCTORY
OFFER! $50
Unlimited Classes*

6 Mitt St Blacksmiths  Ph: 49716901 | info@sacredplaceyoga.com.au | www.sacredplaceyoga.com.au

Kids Holiday Yoga
with Shae
September School Holidays
Wednesday 23rd & 30th Sept
from 1 pm to 2 pm
Only $10 ea
Limited numbers so bookings essential.

Sacred Place Yoga
6 Mitti St Blacksmiths
Ph: 49716901