Monday Note – Term 1 Week 7 – 2015.

Belmont North Public School - Newsletter

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Principal’s Report – Mr. Scott Campbell.

Welcome aboard to our newly appointed graduate teacher Miss Sally O’Connor! Miss O’Connor has a very sporty background and will be teaching our Year 4A class for the remainder of 2015. Mrs. Abdilla is an excellent teacher and she will still be involved in the school in a range of roles including replacing Mrs. Elliott when she is on leave. We are very fortunate to have two such great operators on staff.

This week we are offering the free informative “Eat it to Beat it”, workshop to our community. These free workshops are run by the Cancer Council and offer wonderful ways of increasing your family’s intake of fruit and vegies. The session will be held at Belmont North Public School on Thursday 12th March from 9.30am -11.00am.

I am often concerned about the level of focus my children have when completing projects or homework. Can any of our kids really study while updating their Facebook page, listening to their music players and messaging their friends? Research shows dedicated study time without distractions produces better learning and a greater ability to retrieve information. Find out more from NSW DEC@ http://www.schoolatoz.nsw.edu.au/technology/using-technology/homework-and-multitasking-can-it-be-done

From time to time teachers are absent from class as they are required to undertake “Teacher Professional Learning” (TPL). This is a mandatory part of a teacher’s work and helps them to become better skilled practitioners in the classroom. In the next few weeks we will have teachers off class going to TPL to improve our Peer Support Program and to up-skill in areas such as Numeracy and Literacy. Rest assured that when these events are scheduled your child’s class follows the teacher’s class program.

Centre for Education Statistics and Evaluation research indicates a strong link between attendance and student achievement. Children who regularly attend school perform better in all forms of testing measured in Australia according to the CESE. If your child has a day off school due to illness or another reason, an absence note should be sent to school within 7 (seven) days of the absence.

Upcoming Events

March 12
Fruit & Veg Workshop 9am
(See attached flyer)

March 13
Clean Up Australia Day
(See attached flyer)

March 20
Harmony Day

Important Announcements!

School Fees for 2015 are $44 per student and can be paid by instalments.

THOUGHT FOR THE WEEK

“Success is the result of small efforts repeated day in and day out.”

— Robert Collier

Weekly Focus – Persistence
Term 1, Week 6 Award Winners

Principal’s Award
K/1C  Christopher
K/1N  Cameron
2S    Lucia
3B    Charlie
4A    Erin
5/6M  Jayden
5/6W  Evan

Student of the Week
K/1C  Koby
K/1N  Cody
2S    Malachi
3B    Shikiah
4A    Jasmine
5/6M  Darcy
5/6W  Jacob

You Can Do It – Confidence
K/1C  Kobi
K/1N  Deliarna
2S    Will
3B    Connah
4A    Fred
5/6M  Abbey
5/6W  Kiarli

Merit:
K/1N  Charlotte
2S    Sage
3B    Tayla
4A    Keeghan
5/6M  Luisa
5/6W  Corey
As part of BNPS Clean Up Australia effort, we are going to clean up inside and around the perimeter of our school on Friday, 13/3/15.

A decision as to the time of the actual Clean Up on Friday will depend on the weather. If it’s likely to be hot, we will complete the activity in the coolest part of the day.

Children are asked to bring in a pair of gloves (plastic or cloth) so their hands are covered at all times.

Children will only pick up general rubbish, like paper etc NO glass! And will be supervised by teachers at all times.

Our children are very proud of our school and its grounds and do a remarkable job on these days.

As a thank you to the children for their efforts, we reward them with a special treat, when we have finished.

Thank you for your support,
Glenda Williams.
P&C meeting TOMORROW Tuesday 10th March at 2PM.

The meeting will be held in the teacher's staff room. Importantly, please note that meeting time has been changed to 2pm.

Canteen
The canteen is now open Mondays - We are always looking for new volunteers to help out and Monday would be a great day to learn as it is one of the quieter week days. If you can assist for half a day to help with morning preparations and lunches it would be appreciated.

LUNCH ORDERS MUST BE HANDED IN BEFORE 9AM – the doors will close at 9.10am as late orders are consistently happening and they simply cannot be cooked in time. Late orders will receive a vegemite sandwich.

It’s Easter time!!! The P&C will be holding an Easter Raffle and are asking for donations. Please hand all donations to the canteen volunteers. Donations can be all sorts and sizes of chocolates and ALDI have a great range at low prices. The more donations we receive the more prizes to win!!!!

Uniform Shop
is open Friday mornings from 8.45am to 9.15pm. If you cannot make this time please put your name & contact number in an envelope and place it in the letterbox in the Canteen for us to contact you to make arrangements. You can also place an order & money in the letterbox and we will give the items and receipt to your child.

LAYBYS – The uniform shop allows laybys to assist you with purchasing uniforms. Layby conditions are that you make weekly payments off your layby and the layby must be completed within 6 weeks. We cannot separate the laybys.

Swim/sports bag – We have a great light weight bag in stock that is great for taking to swimming lessons, out of school sports and excursions etc. Come and have a look – they are only $13.00 each.
Come to our FREE Fruit & Veg Sense Workshop

Date: Thursday, 12th March 2015
Time: 9:30am until 11:00am
Venue: Belmont North Public School

Did you know that eating enough fruit and vegetables all their lives can help protect children against diseases, including some forms of cancer? This free workshop run by Cancer Council NSW will show you how you can easily:

- Save time and money making healthy meals
- Learn clever ways to entice fussy eaters
- Get a free recipe book simply by attending

Don’t miss out – registration is essential. To book your place please register no later than 10/03/2015 by:
emailing eatittobeatit@nswcc.org.au
visiting www.cancercouncil.org.au/eatittobeatit/register
or phoning (02) 4923 0704

...to make a healthy afternoon tea.

Try these simple ideas for making snacks that will satisfy even the fussiest eater…

- **Home made hot chips**
  Slice potatoes into thin discs, and arrange on a baking tray sprayed lightly with olive oil. Grill until golden, and serve with a small amount of tomato sauce.

- **Bite sized fruit with yoghurt**
  It’s a fact - kids are more likely to eat fruit when it is cut up into small pieces. Try serving some diced fruit with some reduced-fat yoghurt. It’s a winner.

- **Veggie sticks**
  These are so easy to prepare and make a super healthy afternoon tea. Try cutting up some carrot or celery sticks and serving them with hummus.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
Weekly Focus – Persistence

Canteen Roster – Week 7
Monday  
Mel
Tuesday  
Tammy
Wednesday  
Tina & Erin
Thursday  
Mel & Kayleen
Friday  
Rochelle & Kristy

We are currently looking for girls aged 5-7 to join our friendly Club
All Abilities Welcomed!
Training - Thursday  Games - Saturday
Email belmontnorthnetball@hotmail.com to register your interest

SCHOOL ZONE PARKING OFFENCES

Increased penalties for School Zones. Current as at 1 July 2014

<table>
<thead>
<tr>
<th>Description</th>
<th>Maximum Penalty</th>
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<tbody>
<tr>
<td>NO STOPPING</td>
<td>$415 + 2 Demerit Points</td>
</tr>
<tr>
<td>PENALTY</td>
<td></td>
</tr>
<tr>
<td>Means that you have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle.</td>
<td>$173 + 2 Demerit Points</td>
</tr>
<tr>
<td>PENALTY</td>
<td></td>
</tr>
<tr>
<td>Means that in the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus.</td>
<td>$311 + 2 Demerit Points</td>
</tr>
<tr>
<td>DOUBLE PARKING</td>
<td></td>
</tr>
<tr>
<td>You are NOT PERMITTED to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.</td>
<td>$311 + 2 Demerit Points</td>
</tr>
</tbody>
</table>

- STOP in a NO STOPPING zone: $311 + 2 Demerit Points, or STOP on or near a Children’s or Pedestrian Crossing: $415 + 2 Demerit Points
- STOP on path/strip in built up area: $173 + 2 Demerit Points
- STOP or Park in a Disabled Marked Area without a permit: $519

Please Note: fines subject to change without notice. Current as at 30 June 2018. These penalties apply to offences in school zones during posted school hours.