Belmont North Public School - Newsletter

Cnr of Nikkin & Darling Streets, Belmont North NSW 2280
T: (02) 4945 4861    F: (02) 4947 7851

Principal's Report – Mr. Scott Campbell.

Thank you to all of our families for supporting “Super Hero Day” last Friday. The students had a great time and the overall day was a big success with the school raising over $229 for the Starlight Foundation and for children with Leukemia. Thank you also to the teaching and support staff for their impressive face painting skills and excellent costumes!

Gentle reminder to families who have children with medical conditions such as asthma and anaphylaxis that we urgently need you to return the latest ASCIA and / or Asthma plan from your child’s doctor. All children in every class have been participating in lessons to raise their awareness of these health conditions as part of our PDHPE lessons. Attached to the back of the digital version of this newsletter is some practical information about reducing allergens in and outside of your home.

“Yoga to Go” started last week and was a big hit with the students and teachers. From this week on payment is required to attend these sessions. Children not participating will be involved in social and emotional learning (SEL) activities to cover the same curriculum.

This week we have Mrs. Mandas, Mrs. Williams and Mrs. Spencer attending training for our new Student Representative Council (SRC). This is one of our key initiatives for the next 3 years and we expect that it will help us improve our student welfare and leadership programs.

The NSW DEC places a strong emphasis on being safe in the school environment. Have you ever wondered if your child’s school bag may be causing them pain due to carrying too much weight? Check the following link:


Good luck to Mrs Williams and all of our mighty swimmers for next week’s Zone Swimming Carnival. We have quite a few talented swimmers this year and I think we’re a chance to snatch a few ribbons!

Upcoming Events

February 19
“Yoga To Go” lesson #2

February 23
Zone Swimming Carnival

September 27
School Leaders Induction

Important Announcements!
School Fees for 2015 are $44 per student and can be paid by instalments. Details will be provided in a separate note later this week.

THOUGHT FOR THE WEEK

The best preparation for tomorrow is doing your best today.

Term 1, Week 3 Award Winners

Principal’s Award

K/1C  Zoe Gardiner
K/1N  Hannah Dezelak
2S   Allirah Cullen
3B   Connor Sutcliffe
4A   Zoe Murdoch
5/6M  Joshua Felemi
5/6W  Taylah Eastham

Student of the Week

K/1C  Christopher Pico
K/1N  Audrey Clarke
2S   Kaleb Robson
3B   Athena Craig
4A   Abigail Sims-Easton
5/6M  Sacchi Nicol
5/6W  Jacob Bradley

You Can Do It – Organisation

K/1C  Madison Woodbury
2S   Scarlett Clarke
3B   Emily Brown / Bailey Robson
4A   Amy Grainger
5/6M  Anna Bretherton
5/6W  Amelia Pico

Merit:

K/1C  Mykka Armstrong
K/1N  Laura Roberts
2S   Chloe Cross
3M   Ben Keelan
4B   Logan Jennings
5/6M  Luisa Lysaght
5/6W  Tyren Bryant
February 2015

Thursday 19th
Yoga To Go

Monday 23rd
Parent Teacher Evening
5.15pm to 6pm

Monday 23rd
Zone Swimming Carnival

Friday 27th
School Leaders Induction Assembly

REMINDER!
“Yoga to Go” payments are DUE this Wednesday.

$4.50 per week or full payment of $36

Payments can be made online by using our school website link: http://www.belmontnth-p.schools.nsw.edu.au
Click On: Make a payment

SCHOOL ZONE PARKING OFFENCES
Penalties for School Zones. Current as at 1 July 2013

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<tr>
<th>OFFENCE</th>
<th>MAXIMUM PENALTY</th>
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<td>&quot;NO STOPPING&quot; zone. You must NOT STOP your vehicle within the zone.</td>
<td>$311 + 2 POINTS</td>
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EDGEWORTH
NEIGHBOURHOOD CENTRE
Cnr Minmi & Main Rd
EDGEWORTH

Feel more secure knowing your children know a little self defence!!

* Qualified friendly instructor
* Member of Sports Tooe Kwon Do
* Competition training/Martial arts/Self Defence
* Family class - come to learn with your child 4yrs+©

CLASSES: Wednesday 5 - 6pm

GIVE YOUR CHILD A HEAD START IN DISCIPLINE, CO-ORDINATION, FLEXIBILITY & SELF CONFIDENCE

Ph: 49 695591 0409655842

Women, Men & Children from 4yrs+

www.universaltakewondo.com.au

Thank you!
Your generous donations collected on Superhero Day last Friday raised an amazing $229.20 which will be donated to The Starlight Foundation & The Leukaemia Foundation.
Thank you parents for your continued support.

Belmont Automotive Service Centre

Delivering Personalised Service

PHONE - (02) 4947 9725
4 LIVINGSTONE STREET BELMONT NSW 2280

For professional, efficient car servicing and motor repairs. With fast turnaround times and very competitive rates, you will leave as a very satisfied customer knowing your vehicle is in excellent shape.

*** LUBE SERVICING STARTING AT $99 ***
(Conditions apply)

Check out our Facebook page or website for Monthly specials, mention the special of the month at time of booking to redeem.

www.belmontautomotive.com.au
The next P&C meeting will be held in the teacher's staff room on Tuesday 10 March 2015 at 2.00 pm. **Importantly, please note that the meeting time has been changed to 2pm.**
This suited majority of the Executive Committee and Members and will hopefully allow more families to be able to attend and participate.

**P&C AGM 2015**
The AGM was held on Tuesday, 10 February 2015 and we would like to congratulate and introduce the Executive Committee as follows:
President – Tammy Eastham
Vice President – Mel Hogan
Vice President – Ella Penfold
Secretary – VACANT & this position must be filled.
Treasurer – June Butler

We would like to congratulate and introduce the Sub-Committees as follows:
Uniform Co-ordinator – June Butler
Canteen Co-ordinator – Rochelle Jeans and Tammy Eastham
Canteen Treasurer – Tina Kelly
Canteen Committee – June Butler, Kayleen Lettice, Kristy Baker, Rebekah Leach, Mel Hogan, Tina Kelly, Jenny Mullins, Erin Dobson
Fundraising Co-ordinator – Rochelle Jeans
Fundraising Committee – Tina Kelly, Kristy Baker, Angela Brown

**Canteen Roster**

<table>
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<tr>
<th>WEEK 4</th>
<th>16th – 20th Feb</th>
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<tr>
<td>MON</td>
<td>CLOSED</td>
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<tr>
<td>TUES</td>
<td>Sue &amp; Lacey</td>
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<tr>
<td>WED</td>
<td>Ella</td>
</tr>
<tr>
<td>THURS</td>
<td>Jasmine &amp; Anita</td>
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<td>FRI</td>
<td>June &amp; Kayleen</td>
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**Canteen News**

Unfortunately the canteen is CLOSED EVERY MONDAY. We are seeking more volunteers for the canteen. If you have been considering becoming a volunteer then a Monday would be a great day to learn as it is one of the quieter week days.

**LUNCH ORDERS MUST BE HANDED IN BEFORE 9AM** – the doors will close at 9.10am as late orders are consistently happening and they simply cannot be cooked in time. Late orders will receive a vegemite sandwich.

A reminder that the canteen is unable to accept $20 & $50 notes.

**UNIFORMS** - The uniform shop is only opened Friday mornings from 8.45am to 9.15pm. If you cannot make this time please put your name & contact number in an envelope and place it in the letterbox in the CANTEEN for us to contact you to make arrangements. You can also place an order & money in the letterbox and we will give the items and receipt to your child.

NEW SHIRTS a full stock of new shirts arrived last week and sold fast. We have sold out of some sizes already and another order has been placed.

LAYBYS – The uniform shop allows laybys to assist you with purchasing uniforms. Layby conditions are that you make weekly payments off your layby and the layby must be completed within 6 weeks. We cannot separate the laybys.

Swim/sports bag – We have a great light weight bag in stock that is great for taking to swimming lessons, out of school sports and excursions etc. Come and have a look – they are only $13.00 each.
Minimising Outdoor Allergens at Home

If pollen allergic:
Consider a shower and change of clothes after outdoor activity.

Avoid being outdoors when pollen counts are high. Counts tend to be highest on sunny and windy days, and during the early morning hours.

If pet allergic:
Keep pets outside the house. If deciding on a new pet, consider allergy when choosing what type of pet.

If pollen allergic:
Try keeping windows and doors closed when windy, during storms and when mowing grass. Use an air conditioning system instead of opening windows.

Dry clothes and bedding in sunlight.

If dustmite allergic:
Avoid cutting grass, raking leaves, and possibly even walking through grassy areas.

Mulch often contains moulds so consider where it is put in relation to your home and windows.

Minimising exposure to confirmed allergen may assist in reducing allergy symptoms.
Minimising Indoor Allergens at Home

If dust mite allergic:
- Consider use of dust mite bedding covers, wash bedding and soft toys in hot water > 55°C and dry in a hot dryer weekly.
- Remove any woolen bedding.
- Wooden or plastic toys generally pose less of a dust mite allergy problem than soft toys.
- Weekly vacuuming can help to further reduce dust mites. Use a vacuum with a HEPA filter or a double bag.

If mould allergic:
- Open windows to help dry rooms prone to moulds.
- Clear bathrooms, kitchens regularly to avoid the spread of moulds.
- Try keeping indoor humidity below 50% by using a dehumidifier or air conditioner.

If dust mite or pet allergic:
- Keep pets outside the house.

Minimising exposure to confirmed allergen may assist in reducing allergy symptoms.