Thank you to the parents and grandparents of our Aboriginal students who attended last week’s PLP meetings. It is vital that our school makes a lasting connection with each family in our school and this will assist us in helping your children achieve their full potential. With your support we can make even better improvements in their learning.

This week Mrs. Mandas will be asking for more Parent Helpers to come into the school and assist with reading groups. We appreciate as many hands as we can get to help sort the readers and assist with the groups especially in Years K-3. If interested please see Mrs Mandas and she will be able to help you get started.

Almost nine out of 10 Australian parents say children’s resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds. But it’s a battle families can do without and there are some simple steps to help avoid it.

NSW DEC have provided the following link:


A new program that we will be offering after school during Term 2 is the God4Fun® program. It is a free healthy lifestyle program supporting children to become fitter, healthier and happier. The program is fun and interactive, supporting 7-13 year old children and their families to adopt a long lasting and healthy approach to life. Further details will be available next week.

Finally, can I just say thank you for the effort that all of our families are putting into the school uniform at the moment. The kids look fabulous and it has helped build up the sense of pride in our school. Well done to the P & C too for sourcing the new shirts; they are certainly very impressive!

---

Upcoming Events

March 5
Pre-school “Meet & Greet Night”

March 7
Paul Harragon Cup

March 12
NRL Blitz Visit

---

Important Announcements!

“Vision Screening”

Hunter New England Health will be holding vision checks here at our school for the children in Kindergarten on Friday 14th March, 2014.

---

Thought for the Week!

The artist is nothing without the gift, but the gift is nothing without the work.

~Emile Zola

---

Weekly Focus – Confidence
HARMONY DAY

21 March is Harmony Day.

The message of Harmony Day is Everyone Belongs. It is a day to celebrate Australia’s diversity. It is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world.

On Friday March 21st students are asked to come dressed wearing ORANGE and will participate in fun activities that encourage getting along and working together. Parents are welcome to attend and more information will be given closer to the day.

Mrs Mandas

Athletics Carnival at Glendale Cancelled

Unfortunately due to the extreme wet conditions last Friday our Athletics Carnival to be held at the Hunter Sports Centre Glendale, was cancelled.

A new date and venue for the carnival will be announced as soon as possible.

The Hunter Sports Centre is heavily booked, so unfortunately will not be available to us again this year. Therefore, all money paid to the office for bus and entry fees will be returned to you during week 7. Thank you for your understanding.

Glenda Williams

Zone Swimming Carnival

The Zone Swimming Carnival was held at Swansea Pool last Monday and Wednesday. On Monday Belmont North Public School was represented by Kalani Jones, Isaac Brown, Saxon Jones, Brodie Franklin, Jay St John, McKenzie Boots, Keisha Day and Sacchi Nicol for all form strokes. On Wednesday, Lillee Harland, Erin Grabham, Mitchell Franklin, Amy Grainger, Lucette Keamey, Saxon Jones, Keisha Day, Brodie Franklin, McKenzie Boots, Isaac Brown and Kalani Jones participated in the Freestyle Events.

Congratulations to all these children for their fantastic efforts. A huge “Thank You” to all our parents for their continued support, it is always greatly appreciated.

Glenda Williams

Weekly Focus - Confidence
P&C NEWS

P&C meeting – The next meeting will be held on Tuesday 11 March 2014 at 9am in the staff room. All new parents are invited to come along to our P&C meetings as they involve your children’s interests.

FUNDRAISING

Easter is only 7 weeks away!! We are seeking donations towards our wonderful Easter Raffle. Kindly hand your donations to our canteen volunteers. We need to collect donations before the end of March so that we have time to prepare the prizes and hand out raffle tickets in time to sell. So please dig deep, donations can consist of anything from Easter eggs, stuffed bunnies, decorations, etc. Aldi usually have a great range at very reasonable prices.

CANTEEN NEWS

We are seeking more volunteers for the canteen for Tuesdays. We have 2 Tuesdays free.

If we cannot fill these days then unfortunately the canteen will be closed.

PLEASE NOTE: The canteen cannot accept $20 notes or $50 notes as we do not hold a float to accommodate large notes.

LUNCH ORDERS MUST BE HANDED IN BEFORE 9AM – the doors will close at 9.10am as late orders are consistently happening and they simply cannot be cooked in time.

Canteen Roster

This week 3rd Mar – 7th Mar
Monday – Sue
Tuesday – CLOSED
Wednesday – Tina K
Thursday – Mel & Kayleen
Friday – Tammy & Tiana

Next week 10th Mar – 14th Mar
Monday – Sue
Tuesday – Shell & Ang
Wednesday – Louise
Thursday – Mel & Tammy
Friday – June & Kayleen

UNIFORMS

The uniform shop is only opened Friday mornings from 8.45am to 9.15pm. If you cannot make this time please put your name & contact number in an envelope and place it in the letterbox in the CANTEEN for us to contact you to make arrangements. You can also place an order & money in the letterbox and we will give the items and receipt to your child.

New Shirts we expect a new delivery in approximately May 2014 (due to Chinese New Year). They are only $25.00 each and such a better quality. See the uniform shop on Fridays and remember you can layby your shirts with regularly weekly payments.

Skorts – our girls are looking beautiful in their new skorts. They are only $20.00 each so come along on Friday to purchase yours.
New sports bag - We have a great new light weight bag in stock that is great for taking to swimming lessons, out of school sports and excursions etc. Come and have a look – they are $13.00 each.

YEAR 6 CAN COLLECTION

Keep bringing in your cans and fill up our new recycling cage. PLEASE DO NOT CRUSH YOUR CANS. The money raised from the cans is put towards the students’ gift to the school at the end of each year.

Remember to keep the Ring Pulls in a zip-lock bag and hand to the canteen volunteers as they help Ronald McDonald House raise funds for much needed equipment.

2014 International Competitions & Assessments for Schools (ICAS)

ICAS is a highly regarded assessment program for schools in Computer Skills, English, Maths, Science, Spelling and Writing. 2014 Sitting Dates & Entry Prices below:

<table>
<thead>
<tr>
<th>2014 ICAS Sitting Dates</th>
<th>PRICE (includes GST)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Skills 20 May</td>
<td>$8.80</td>
</tr>
<tr>
<td>Science 4 June</td>
<td>$8.80</td>
</tr>
<tr>
<td>Writing 16-20 June</td>
<td>$18.70</td>
</tr>
<tr>
<td>Spelling 17 June</td>
<td>$12.10</td>
</tr>
<tr>
<td>English 29 July</td>
<td>$8.80</td>
</tr>
<tr>
<td>Mathematics 12 August</td>
<td>$8.80</td>
</tr>
</tbody>
</table>

Please choose your subjects and send correct money to school in an envelope clearly marked with your child’s name, class and test subject selected.

Glenda Williams
UNIVERSAL TAE KWON DO ACADEMY

WHITExBRIDGE HIGH SCHOOL, Lonus Avenue, Whitebridge, Tuesdays 5.30pm - 6.30pm
FLORAVILLE PUBLIC SCHOOL, 76 Floraville Rd, Floraville, Mondays 5.30pm - 6.30pm

Come and have fun learning the most advanced techniques in martial arts and sport Tae Kwon Do (as seen in the Olympics).

We are a STA accredited academy with completely qualified instructors.

Ph: 49695591 or 0409655842 www.universaltaekwondo.com.au

Milo in2CRICKET
is coming to Charlestown Indoor Sports Centre

The MILO in2CRICKET program will offer boys and girls aged 5 to 10 years the opportunity to learn lots of new cricket skills like batting, bowling, catching and throwing whilst most importantly – HAVING FUN!

This program will operate on Friday afternoons for 6 weeks at Charlestown Indoor Sports Centre from 4pm till 5pm commencing on March 7th. This program will be run by Cricket NSW staff with the cost $80 per child (includes Milo in2CRICKET participant pack - shirt, hat, bat, ball, drink bottle & bag)

Parents can register their child/ren online at www.in2CRICKET.com.au

Please direct any questions to Neil via email at Neil.McDonald@cricketnsw.com.au

LOST PROPERTY

We have LOTS & LOTS of lost property in our basket on the school verandah.

PLEASE check to see if your child has misplaced any clothing.

Weekly Focus – Confidence
Brain Gym for Kids 0-5yrs - Term 1 2014

Do you want to give your child the best start in life? Making the most of their potential? YES, COME ALONG TO BRAIN GYM.

Learn simple and gentle movements to:

- Support the development of your child, enhancing learning * Improve memory & concentration.
- Build confidence, self-esteem & personal growth. * Help to reduce anxiety.

Where: Redhead Anglican Church Hall, Hutchinson St, Redhead.
When: Tuesdays Starting 25th February, 9:30am - 10:30am
Note: (1st Tuesday of month at Belmont North Anglican Church Hall Ntaba Rd, Belmont North)

ooooOOOooo

Switched on For School and Loving Life in 2014

Switched On for: School / Sport / Study - High School ~ Yrs 6-12, 3 week Program

- Learn movements to enhance Studying, Sport, Friendship Building, Reducing Anxiety, Clear Thinking, Calming.
- Learn Resiliency skills to help in stressful situations and simple visualisations encouraging personal growth.
- Learn other skills to help improve memory and concentration - supporting learning.

We are all about encouraging self-esteem and building up confidence in a fun non-threatening environment.

Where: Belmont North Anglican Church Hall, Ntaba Rd, Belmont North.
When:
- **Tuesday** 3:45 - 4:30pm (Yrs. 4-7-Introductory) - (Starts 25/2 - Ends 25/3)
- 4:45 - 5:30pm (Yrs. 4-7- Level 2) - (Starts 25/2 - Ends 25/3)
- **Thursday** 3:45-4:30pm (Kindy- Yrs. 3/4 -Introductory)- (Starts 27/2-Ends27/3)
- 4:45-5:30pm (Kindy- Yrs. 3/4- Level 2) - (Starts 27/2-Ends27/3)
- 5:45-6:45pm (High School) (Starts 13/3 Ends 27/3)

For more information OR to reserve YOUR CHILD'S SPOT - Contact:

Lisa van Koeverden (TeacherK-6 & Special Education) 0431400932 lisa@childrenswellnesscentre.com.au
Vicki Paradiso (Registered Nurse) 0404025958 vicki3rdeye@gmail.com

Do you want to give your child the best start in life? Making the most of their potential? YES, COME ALONG TO BRAIN GYM.

Weekly Focus – Confidence